

## We believe that .....

Families should enjoy a safe and secure environment. All family members should live free from fear, with confidence that when there are difficulties within intimate relationships, services will respond by working with both perpetrator, victim and their children.

## We also believe that .....

- Men can change their abusive behaviours
- Abuse in whatever form is never acceptable
- Adults AND children are affected by domestic abuse
- Domestic abuse is a choice

BIG in conjunction with Wearside Women In Need (WWIN) will offer support to all partners or ex-partners of the men attending the BIG Programme

Freephone WWIN - 0800 066 55 55

## TO ATTEND THIS PROGRAMME

### YOU MUST:

- Be 18 years or over
- Agree voluntarily to attend
- Recognise that your behaviour has been abusive towards your current or ex-partner

### Contact:

#### **BIG Project**

**35 West Sunnyside, Sunderland SR1 1BU**

Tel: **0191 567 8282**

Email: **BIG@impactfs.co.uk**



## Sunderland Domestic Abuse Perpetrators Programme

**A voluntary programme  
for men who want to  
change their behaviour**



## Who is it for?

The programme is for any man who is concerned about his behaviour towards his partner or ex-partner and wants to change.

The programme holds central a respectful and challenging stance focussing on the development of new, non abusive behaviours

What is involved?

The programme starts with a series of one to one individual sessions to assess suitability for the programme.

Once suitable a 2 - 4 session pre-group block is delivered followed by 26 weekly Group Work Sessions.

**Motivational**  
**Person Centred**  
**Respectful**  
**Accepting**  
**Life Changing**

## Domestic Abuse is.....

Government domestic violence and abuse definition.....

'Any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members regardless of gender or sexuality.

This can encompass but is not limited to the following types of abuse'

**Psychological**  
**Physical**  
**Sexual**  
**Financial**  
**Emotional**

## If you have ever....

Punched, slapped, kicked, choked, threatened, smashed things, forced or pressurised your partner to have sex, sulked or punished her if you did not get sex, tried to control who your partner sees or where she goes, humiliated, constantly criticised, threatened to hurt the children or other family or friends, controlled her money?

If you have answered yes to any of the above you have been abusive.

**You Can Change.....**